

DEFENCE FUNDAMENTALS

Coaches will learn;

- the phases of defense
- how to intercept a pass or create an intercept
- marking one on one
- space marking

Workshops are suitable for new or current coaches, mix of practical and theory.

Each coach receives a take-home resource.

Workshop Cost: \$25.00 per coach.



Zone Workshop Dates:

Location	Date	Time	Venue	Presenter
Dunedin	Mon 7 th May	6.00 – 8.00pm	Edgar Centre	Lana M
Gore	Thu 17 th May	6.00 – 7.30pm	MLT Events Centre	Jess
Oamaru	Thu 17 th May	6.00 – 7.30pm	NO Netball Centre	Abbey
Balclutha	Thu 24 th May	6.00 – 7.30pm	Cross Rec Centre	Lana M
Invercargill	Fri 18 th May	7.00 – 8.30pm	Sport Southland Meeting Room	Jess
Queenstown	Mon 28 th May	7.00 – 8.30pm	Queenstown Events Centre	Alex
Alexandra	Tue 29 th May	6.00 – 7.30pm	CO Netball Centre	Lucy
Winton	Wed 30 th May	6.30 – 8.00pm	CS Rec Centre	Alex
Wanaka	Thu 31 st May	7.00 – 8.30pm	Wanaka Rec Centre	Lucy

Register online here:

<http://www.sporty.co.nz/netballsouth/Coach-Development-1/Community-Coach-Workshop-Registration>

For more information contact:

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